

MINUTES
DISTRICT V
AGING & NUTRITION SERVICES ADVISORY COUNCIL
JULY 23, 2013
PANGUITCH, UTAH

MEMBERS IN ATTENDANCE

Carma Sly
Commissioner Clare Ramsey
Art Cooper
Clem Griffin (Chair)
Judy Henrie
J. N. Webster
Arlen Grimshaw
Lois Bulloch
Earl Paddock
Doug Maxwell
Mary Stevens
Wallace Gibson
Ila Mae Swapp
Beverly Doss
Tamara Atkinson
Kaye Reese

REPRESENTING

Beaver County Advisory
Garfield County
Garfield County Advisory
Garfield County Advisory
Garfield County Advisory
Iron County Advisory
Iron County Advisory
Iron County Advisory
Iron County Advisory
Iron County Advisory
Kane County Advisory
Kane County Advisory
Kane County Advisory
Kane County - At-Large Representative
Washington County Advisory
Washington County Advisory

MEMBERS NOT IN ATTENDANCE

Mary Schaidt
Millie VonRitchie
Sharon Griffiths
Joyce Griffin (Excused)
Pauline Prince
Lael Chynoweth
Sharon Ott (Excused)
Gayle Rhode (Excused)

Beaver County Advisory
Beaver County Advisory
Beaver County Advisory
Garfield County Advisory
Garfield County Advisory
Garfield County Advisory
Washington County Advisory
Washington County Coordinator

OTHERS IN ATTENDANCE

Audrey Conard
Natalie Rollins
Jeannine Bohn
Dixie Pearson
Jim Sly
Pam McMullin
Donna Chynoweth
Teena Pittman
Wynona Henderson
Vicki Ahlstrom
Connie Lloyd
Fayann Christensen
Christine Holliday (Voting for Sharon Ott)
Diane Lamoreaux
Carrie Schonlaw
Carolyn Moss

Beaver County
Beaver County
Beaver County
Beaver County
Beaver County
Beaver County Coordinator
Garfield County Coordinator
Garfield County
Garfield County
Garfield County
Iron County Coordinator
Kane County Coordinator
Washington County
Five County Association of Governments
Five County Association of Governments
Five County Association of Governments

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I. WELCOME AND INTRODUCTION

Mr. Clem Griffin, Chair, conducted the meeting and thanked council members for attending the meeting.

II. MINUTES APRIL 23, 2013

Mr. Clem Griffin, Chair, requested a motion to accept the minutes of April 23, 2013.

MOTION WAS MADE BY MR. WALLACE GIBSON TO ACCEPT THE MINUTES OF APRIL 23, 2013. MOTION SECONDED BY MR. ART COOPER. MOTION CARRIED UNANIMOUSLY.

III. LOCAL SHARING

Mr. Clem Griffin, Chair, requested local sharing from County Coordinators.

Ms. Donna Chynoweth - Garfield County

Things are going pretty good in Garfield County; due to heat, break downs of truck and ADA bus. Home Health is visiting each center monthly for screenings, and with schedule more are using this service. County has decided to approve Ensure; watch and see costs to determine how long this service may be provided. Panguitch Center has had some concerns with air conditioning, working to repair. Activities, bingo, quarterly trips, etc., are ongoing at the centers. Ms. Chynoweth thanked Five County for help with new equipment, etc.

Ms. Pam McMullin - Beaver County

Things are going well in Beaver County. New driver at the Beaver Center; ongoing activities with large crowds this summer playing cards. A volunteer is playing the piano during meals;

exercises, tai chi, pool, and bi-monthly manicures are provided at the Center. The carpets have been cleaned, seniors were invited to attend the dress rehearsals for two plays, and participated in the blood drive. Milford numbers have skyrocketed! Seniors have participated in several trips. A good crowd is using the Minersville Center. Manicures provided are a big success, and seniors were provided sack lunches for their trip to Pondorosa Park. The Beaver County Fair is coming up; Thursday will be Seniors Day; \$100.00 given for the best apple pie. Ms. McMullin thanked Five County for the funding for additional equipment needed by the Centers.

Ms. Connie Lloyd - Iron County

Ms. Lloyd reported that they have been having trouble with their trucks due to the humidity; two are in the shop; 6-month maintenance checks for trucks helps keep them in good working order. The Cedar City Center is closed so that the hardwood floors can be repaired. For Older Americans Month, Ms. Lois Bulloch sent letters to elected officials and invited them to help deliver meals to seniors in Iron County. Several elected officials participated; seniors loved visiting with them. Mother's and Father's Day celebrations were held at both centers; ongoing activities continue. New staff at Cedar City; cook, driver, outreach worker and yoga instructor. The Cedar City Center sees new clientele every day! Main Street is being repaired in Parowan.

Ms. Christine Holliday - Washington County

Ms. Holliday thanked Ms. Wendy Pickard for attending the last meeting. The 501-C3 grant application is still at the IRS. Volunteer Week was celebrated at all Centers. September is national Senior Center Month - centers have been challenged to advertise services available at the centers through public service announcements. With Five County money dishwashers, convection oven, and ice machines were purchased. In conjunction with the Meadows, the St. George Center is accepting applications for the Senior of the Year, hoping to recognize unsung heroes for their work. Presentation will be held on August 21, 2013 at the St. George Center. The St. George Center is almost ready for the new outdoor awning for the patio; hoping to use as an outdoor classroom, weather permitting. Breakfast for the Brain is going well; Widows'

Support Group, well attended, puzzles, ongoing activities are all well supported. May put the scanning program on hold until more information is gathered. Only two systems available that would integrate with SAMS for easier data entry. Meals on Wheels trucks have added a conversion hit to help with overheating of vehicles; one bus is out of commission. The Advisory Board has approved PA systems in the centers. Hurricane Center has continuing activities, bake sales, and received a golf cart. The new Springdale coordinator is doing a great job; numbers have remained the same. Enterprise has speakers from Social Security, poison control, police department, etc. during lunch; Wii with the scouts; and trips to Terry's Ranch.

Ms. Fayann Christensen - Kane County

No new changes in staff in Kane County. The cooks in Orderville are doing a great job! With funding from Five County, received new freezer and folding chairs for the centers. Numbers in the county remain about the same. Activities are continuing, including celebrations for Mother's and Father's Day and 4th of July. Commissioners and staff are working together for seniors in the County. Has a great mechanic that helps keeps the trucks running. Working with the Travel Council to help assist when breakdowns occur in other counties when seniors are on trips, etc. Hoping that assistance can be coordinated to help transport where needed. Drive through Kanab - construction is completed!

IV. NUTRITION PROGRAM

Funding and Legislative Update

- Ms. Schonlaw thanked the coordinators for spending their funding available for equipment, etc. Through sequestration, our area lost about \$62,000. However, the State of Utah planned ahead and we had some funding available to cover cuts for FY 2014; but may not have for other years. There are continued cuts through FY 2021. These future cuts are not across the board; so we will have to wait and see how programs are impacted. With carry over of project income from the 4th Quarter and FY 13 projected carry over, our area funds should remain about the same for FY 2014. Through monthly monitoring, it will be determined if funding can be moved between services, if needed.

Transportation may be the service that will need to be closely monitored. Ms. Schonlaw emphasized that centers/counties don't need to make drastic changes in services at this time, and will monitor through the end of FY 2014 to make determinations for FY 2015. FY 2014 contracts may need to be amended if carryover funding is received.

Emergency Preparedness - Meals

- Funding from FY 2013 was available to purchase emergency meals. These meals are to be used when the center is unable to deliver due to snow, closure of centers, etc. Three meals have been distributed to seniors in our area. Ms. Schonlaw reminded coordinators to report the meals in the SAMS system, but not to put on monthly reimbursement forms, as they have been paid for.

V. FY 14 CONTRACTS

The new contracts for FY 14 have been sent out and are now in place. Centers may be receiving amendments for FY 2013 contracts to show changes in equipment purchases. Ms. Schonlaw has prepared new billing forms that we have average units/costs per month to help with budget information.

VI. PREVENTATIVE HEALTH

- Walk With Ease & Arthritis Exercise Programs - preventative health funds can be used for these new programs and for Chronic Disease classes at the senior centers. On September 6, 2013 an arthritis exercise program training will be held to train trainers for this program. Spaces is limited; flyer distributed. Walk With Ease certification is available on-line. Any questions on these programs; contact Tracy HeavyRunner.

VII. COMMUNITY DEVELOPMENT BLOCK GRANT (CDBG)

Ms. Diane Lamoreaux, CDBG Specialist for Five County, presented an overview of the CDBG Program, funding available for our region, and application process. How To Apply Workshops will be held in November, and are required for those who would like to apply- information will be

sent in the Sept/Oct Five County Newsletter. Questions were asked about Meals-on-Wheels vehicles. Ms. Lamoreaux reported that the purchase of the vehicles in the past was a one-time approval and she has been told that replacement vehicles will not be approved by CDBG. Some funding may be available for new trucks with detailed justification included in the application. Ms. Lamoreaux encouraged applicants to be persistent in the application process and is available to assist with all applications.

VIII. OTHER BUSINESS

Open Discussion

- Election of new chair and vice-chair at October 22, 2013 meeting.
- Mr. Bryan Thiriot, new Executive Director of the Five County Association of Governments will be invited to attend.
- Flyer distributed for Volunteer Conference to be held in Cedar City on August 7, 2013.
- Special Needs Registry - any one with special needs can register so that first-responders can assist when needed. Further discussion will be held at the next coordinators meeting.

Next meeting scheduled for October 22, 2013 at the Hurricane Senior Center.

X. ADJOURN

Meeting was adjourned at 12:00 p.m. Lunch was then served at the Panguitch Center.